



Jessica Senty

Swimming Instructor

Education

Bachelor of Arts from the University of Arkansas

Certifications

Water Safety Instructor

Lifeguard CPR/AED First Aid

National Academy of Sports Medicine Certified Personal Trainer

About Me

I have been married for over 10 years to my wonderful husband, Chris, and have 2 cats. I graduated from the University of Arkansas School of Art in Fayetteville, AR. I love swimming and staying active. I believe swimming is an important skill that everyone should learn, for their safety and the safety of others. I also teach SUP Fitness, a fun paddle boarding experience and a great workout!

Personal Interests

I enjoy running, swimming, and gardening. I love to be outdoors hiking, biking and more. I have a small business making handmade earrings. I am always learning new things and trying new things.

Walton Family
Whole Health & Fitness