



Claire Bennington

Massage Therapist

Education

Licensed Massage Therapist

About Me

My name is Claire Bennington, I have been a massage therapist for over 3 years. I specialize in customized Swedish massage sessions to aid in relaxation, pain relief, and improved mobility. I believe deeply in the connection of the mind and body to the healing of one's whole self.

Personal Interests

My special interests include spending time in nature with my husband and sweet dog, art, movies, and more!

Walton Family
Whole Health & Fitness